

Menu Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (Meat)	Southern Fried Chicken Goujons	Homemade Chicken Tikka Masala	Fresh Roast Loin of Pork and Yorkshire Pudding	Cottage Pie	Battered Cod Fillet Fish Fingers Sausage
Main Meal (Vegetarian)	Moroccan Falafel Wrap	Homemade Vegetable Tikka Masala	Quorn Frankfurter ,Sauteed Onions in a Bun	Vegetable Pinwheel	Vegetable Nuggets
Freshly Baked Jacket Potatoes	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day
Daily Vegetables	Mixed Salad	Seasonal Selection	Seasonal Selection	Seasonal Selection	Baked Beans or Mushy Peas
Daily Carbohydrates	Seasoned Potato Wedges	50/50 Rice Mini Vegetable Samosa	Roast Potatoes	Mash Potato on the Cottage Pie	Chips
Daily Pasta	Pasta Pot With Daily Sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection
Grab & Go	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches
Dessert of the Day	Homemade Fresh Fruit Salad	Frozen Strawberry Smoothie Tub	Homemade Pear Crumble, served with Custard	Buttermilk Pancakes served with Pouring Syrup	Chocolate Cookie
Home Bakes	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day
Fruit Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection
Yoghurts	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours

Menu Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (Meat)	Southern Fried Chicken Breast served in a Bun	Pork Sausages	Tandoori Chicken Wrap Served with Yogurt and Mint Sauce	Beef Stew and Dumpling	Battered Cod Fillet Fish Cake Sausage
Main Meal (Vegetarian)	Homemade Cheese and Tomato Pasta Bake	Vegetable Beanburger served in a Roll	Homemade Macaroni Cheese	Vegan Sausages	Qourn Southern Style Burger in a Bun
Freshly Baked Jacket Potatoes	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day
Daily Vegetables	Baked Beans Coleslaw	Seasonal Selection	Seasonal Selection	Seasonal Selection	Baked Beans Coleslaw
Daily Carbohydrates	Hash Browns	Skin on Roast Potatoes	50/50 Rice	Mashed Potato	Chips
Daily Pasta	Pasta Pot with Daily sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot with Daily Sauce Selection
Grab & Go	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches
Dessert of the Day	Frozen Orange Smoothie Tub	Homemade Fresh Fruit Salad	Homemade Chocolate Orange Muffin	Homemade Iced Carrot Cake	Vegan Chocolate Cookie
Home Bakes	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day
Fruit Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection
Yoghurts	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours

Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (Meat)	Chefs Choice Burger Served in a Bun	Homemade Beef Lasagne	Roast Gammon Yorkshire Pudding	Marinated BBQ Chicken Fillet served with BBQ Sauce	Battered Cod Fillet Salmon Fishcakes Sausage
Main Meal (Vegetarian)	Vegetable Nuggets	Homemade Vegetable Lasagne	Homemade Caramelised Vegetable Quiche	Homemade Macaroni Cheese	Vegetable Burger served in a Bun
Freshly Baked Jacket Potatoes	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day
Daily Vegetables	Seasonal Selection	Mixed Salad	Seasonal Selection	Seasonal Selection	Baked Beans, Mushy Peas or Coleslaw
Daily Carbohydrates	Fresh Seasoned Potato Wedges	Garlic Bread Slice	Roast Potatoes	50/50 Rice	Chips
Daily Pasta	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection
Grab & Go	Fresh Homemade Daily Selection of Paninis, Wraps, Baps, and Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Baps, and Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Baps, and Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Baps, and Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Baps, and Sandwiches
Dessert of the Day	Fresh Fruit Salad	Homemade Apple Pie and Freshly Made Custard	Fresh Homemade Vegan Chocolate Cookie	Frozen Raspberry Smoothie Tub	Fresh Homemade Chocolate Muffin
Home Bakes	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day
Fruit Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection
Yoghurts	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours